

高校3年1・2組(文系クラス) 英語課題⑤

《5月18日発信》

みなさん、お元気ですか？こういう時にいろいろなことを考えることは大事です。それを文字にして書いてみることもストレス発散や勉強になります。後ろを向いては前に進めません！受験生としての自覚を持ち、やるべきことをしっかりとこなしてください。緊急事態宣言が解除される都道府県もありますが、油断大敵！手洗い・うがい・マスクの着用を引き続き徹底していきましょう！いろいろな心配事や愚痴は学校が始まったらちゃ〜んと聞くからね(o^ー^o)☺

※この課題は高3文系生徒の課題です。理系の生徒は「高3理系英語課題」のファイルを確認しましょう。

CE II	①Power Frame 850 答え合わせ(○つけ) やり方等は前回と一緒に。 答えは「PDFの模範解答」を参照 ②Power Frame 850 STEP09、14、20の Exercise A/B イディオムの問題です。辞書使用可。第2回考査後に試験実施予定。 ③プレノート残りの1問・第2問A やり方等は前回と一緒に。 (プレノートが手元にない方は今はやらなくても大丈夫です)
CE III	『共通テスト英語 40分プレノート』第5回、第4問p6~8 Your are doing~内容をよく確認して、問題を解きましょう。(該当箇所はpdfをつけます)
英語表現 I	Write it Right 英作文の予習 「④条件」 p. 11を参考に p. 12~13を解く。※Give it a Try!は除く (該当箇所は以下に添付するので持って帰っていない人はそれをプリントアウトして書き込むか、見てノートにやること)
特別英語	2021 共通テスト対策 実力養成 重要問題演習 英語リーディング 第1問A1、第1問B1の答え合わせを行い、解説を読んでください。 (答えは、解答のファイルにのせてあります。授業で行った解説のプリントをこのファイルの後のページにのせているので、それを参考にしてください)

英語会話・英会話はありません。

※質問等ありましたら、学校に電話(03-3467-1511)して各担当に確認してください。
(時間は1:00~3:30の間をお願いします。)

“Step by step. I can't see any other way of accomplishing anything.”

一歩一歩着実に。どんなことでも、何かを達成する場合にとるべき方法はそれ以外にはない。

by Michael Jordan

☆How to Wash your hands (Let's do it!)

1. Wet hands with water
2. Apply soap
3. Wash palms
4. Wash back of hands
5. Wash in between fingers
6. Wash fingertips
7. Wash under fingernails
8. Wash fingers
9. Wash wrists
10. Rinse thoroughly with water
11. Dry well with a clean towel



I think about you all the time...

You are doing research on eating habits. You found two articles.

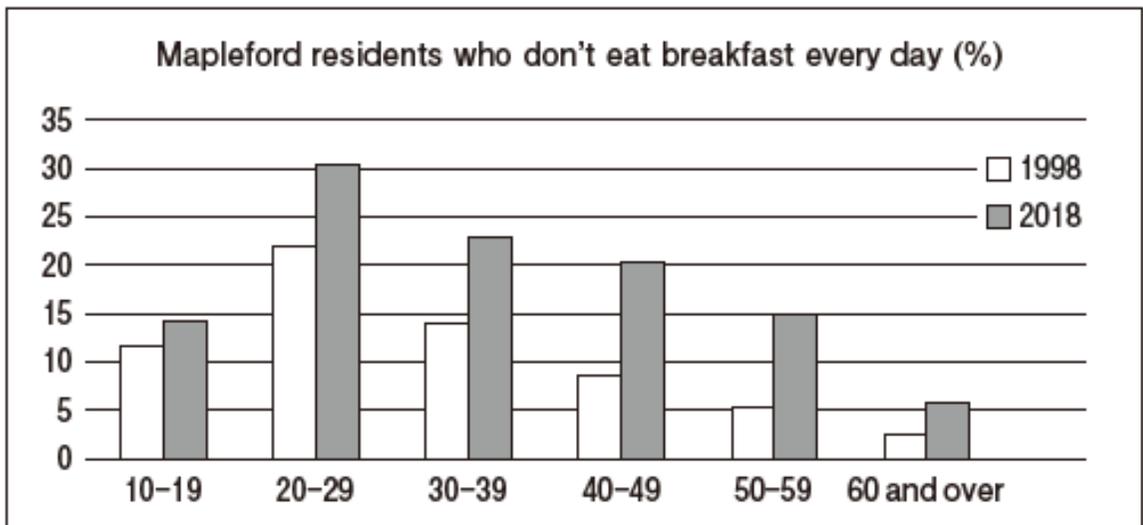
The Importance of Breakfast

by Josh Lane, Mapleford

March, 2019

I used to be someone who didn't eat breakfast. I preferred to lie in bed as long as possible, which meant I didn't have the time for it. Once, I mentioned to a university classmate how tired and hungry I was. She asked, "Did you make the mistake of not eating breakfast?" I wondered whether having breakfast was important or not, so I decided to research it. I discovered that eating in the morning is necessary to maintain a healthy weight, to memorize what you have just learned, and to perform your work or school tasks more skillfully.

This graph shows breakfast eating habits within twenty years in our town. The number of people in all age groups who do not eat breakfast has increased. As before, people in their twenties are the most likely to skip breakfast, and those over sixty are the least.



I believe there are several reasons for this situation. Firstly, many people spend ten or twenty minutes using social media or replying to work emails instead of eating. Also, younger people are worried about weight gain, so they choose not to eat, or to just have some juice. These unwise decisions not only lead to a lack of energy, but also mean that our blood sugar level becomes unstable, our blood pressure increases and we are unable to perform tasks well. People need to realize the dangers of not having breakfast, and they should put down their phones to make the time to have it.

A Response to “The Importance of Breakfast”

by Janet Regis, Mapleford resident

May, 2019

Reading Josh Lane’s article made me question my own eating habits. I know that eating breakfast is healthy, but like many people, eating so soon after waking up can make me feel a little sick. However, I was surprised that about 20% of people my age also don’t eat in the morning. This is more than twice as many as twenty years ago.

As Mr. Lane says, there are many reasons why we should try to eat breakfast. Having a meal in the morning helps to keep a regular biological clock, and getting energy from a healthy meal prevents us from reaching for a bar of chocolate at 11 a.m. This will enable us to stay healthy, and even might help us to lose weight.

I think I started skipping breakfast after watching my mother do the same. She told me to have breakfast, but she often didn’t eat it herself. As a child, I started to think that only children need breakfast. About 15% of teenagers skip breakfast: are they also copying their parents? If more people in their thirties and forties realized the health benefits of eating in the morning, they could pass on this knowledge to their children. Of course, now I must follow my own advice!

問 1 Neither Josh Lane nor Janet Regis mentions [6].

- ① avoiding snacks after skipping breakfast
- ② people skipping breakfast because they want to lose weight
- ③ personal reasons for not eating breakfast
- ④ the change in eating habits of people in Mapleford

問 2 Janet Regis is in her [7].

- ① 20s
- ② 30s
- ③ 40s
- ④ 50s

問 3 According to the articles, breakfast has good effects on people’s [8] and also their [9]. (The order does not matter.)

- ① ability to do well at their studies
- ② ability to keep a healthy weight
- ③ ability to keep a low blood sugar level
- ④ ability to study and work for longer periods

問 4 Josh Lane states that people [10], and Janet Regis states that they [11]. (Choose a different option for each box.)

- ① believe children and teenagers benefit from breakfast more than adults
- ② don’t often eat breakfast if they attend university
- ③ eat breakfast when they are children, but not when in their thirties or forties
- ④ tend to spend time online rather than eating a meal
- ⑤ watch their parents and feel it is okay to skip breakfast

問 5 Based on the information from both articles, you are going to write a report for homework. The best title for your report would be “[12].”

- ① Forget About Losing Weight and Have Breakfast Every Morning
- ② Get Enough Sleep, Wake Up Early and Make a Proper Breakfast
- ③ Start Your Day the Right Way by Eating a Meal
- ④ There Are More People Who Don’t Eat Breakfast Than Those Who Do

4 条件

[KEY PHRASES]

- | | |
|---|---|
| <p>16. 虹を見たければ多少の雨は我慢しなければいけない。</p> <p>17. この薬を飲めば気分がよくなりますよ。</p> <p>18. 義務でない限り前払いしないように。</p> <p>19. どんな車でも走れば結構です。</p> <p>20. 厳密に言うと、イカやタコは魚ではない。</p> | <p>▶ If you want the rainbow, you've got to put up with a little rain.</p> <p>▶ Take this medicine, and you'll feel better.</p> <p>▶ Don't pay any money in advance unless you have to.</p> <p>▶ Any car will do as long as it runs.</p> <p>▶ Strictly speaking, squids and octopi aren't fish. octopi [óktəpài]</p> |
|---|---|

USEFUL EXPRESSIONS

- (a) 自分で言うのも何ですが、家内は母親としては非の打ち所がありません。
My wife is a perfect mother **if I may say so myself**.
- (b) あなたの客が3時までに帰るという条件でなら、部屋を使っていいですよ。
You can use the room **providing that** your guests leave by three o'clock.
- (c) 簡単に言えば、彼女が彼をふったのです。
Simply put, she has broken up with him.
- (d) この本を読めば、アメリカ的価値観がよくわかるだろう。
This book will give you a clear idea of American values.
- (e) 核エネルギーは、利用法を誤ると、地球を破滅に導く。
Nuclear energy, **if wrongly used**, will lead our planet to ruin.
- (f) 悪い習慣はいったん身につくとなかなかとれない。
A bad habit, **once formed**, cannot easily be broken.
- (g) 勉強しなかった割に彼女はテストで結構よくできた。
She did pretty well on the test, **considering** how little she studied.
- (h) 今すぐに出ましょう。さもないと渋滞に巻き込まれます。
We'd better leave now, **or else** we'll be stuck in a traffic jam.
- (i) $x=y$ ならば、 $ax^2=ay^2$ も正しい。
Given (that) $x=y$, then $ax^2=ay^2$ must also be true.

Rearrange the words []内の語句を並べかえて()内に入れなさい。

- (1) 高くなければどんな料理でもかまいません。 [近畿大]
() () () () () () () () () is inexpensive.
[any / as / dish / do / it / long / as / will]
- (2) もう1回そんな言葉を口にしたら、だれもあなたを信用しなくなるでしょう。 [武蔵工大]
() () () () () () () () () you.
[and / one / another / trust / will / no / remark / such]
- (3) 駐車するところがありさえすれば車の旅行も便利だ。 [大阪学院大]
Traveling by car is convenient () () () () () () () ().
[that / park / you / somewhere / provided / have / to]
- (4) ほかに指示がなければ、後ろの出口から出なさい。 [桜美林大]
() () instructed, you should () () () () () ().
[back / by / otherwise / exit / leave / the / unless]
- (5) そこから1, 2キロ行くと「風の谷」という標識が出ています。
() () () () () (), you'll see a sign that says "Valley of the Winds".
[after / or / kilometers / one / two / that]
- (6) 旅行の用意が周到であれば、面倒が大いに省けるだろう。 [名城大]
() () () () () () () () () ().
[preparation / trouble / you / a lot of / careful / a journey / save / will / for]
- (7) ポップコーンをほおぼる客にシーッと言わないなら、いっしょに映画に行ってもいいわ。
I will go to the movies with you () () () () () () popcorn-eaters.
[you / that / hush / the condition / on / don't]

Complete the sentences 適当な語句を入れ、英文を完成しなさい。

- (1) 急ぎなさい、さもないと学校に遅れますよ。 [愛知工業大]
Hurry _____ school.
- (2) 右へ曲がると病院があります。 [岩手医科大]
_____ you'll find a hospital.
- (3) 電車が遅れなければ、お昼にはロンドンに着きますよ。
You _____ the train is delayed.
- (4) 規則に従いさえすれば、自由にこの部屋を使えます。
You are allowed _____ the rules.

Put into English 次の日本語を英訳しなさい。

1. 魚が新鮮かどうかは目を見ればすぐわかる。〔兵庫県立大〕
2. その国の風俗習慣やものの考え方を知らなくては、その国の言語を十分に理解することはできない。〔日本大〕
3. 私達はペットボトルをリサイクル用の箱にいったん捨てると、それがその後どうなるかということをおそらくあまり考えないでしょう。〔東海大〕
4. もしあなた方が人々の過ちを許すなら、天の神もあなた方を許してくださる。〔関西学院大〕
5. もし君に偉大な才能があるなら、勤勉はそれに磨きをかけるだろう。もし君に普通能力しかないのなら、勤勉はその不足を補うだろう。〔岡山大〕
6. 虹にはいくつもの色があるかと日本人に尋ねれば、7に決まっているさという答えが返ってくるだろう。だが世界のいろいろな言語を視野におくと、この問いに対する答えは実は思ったほど簡単ではないのである。〔佐賀大〕

Hints

2. 「風俗習慣」
customs
「ものの考え方」
ways of thinking
→この2つを合わせて culture でもよい。
3. 「リサイクル用の箱」
recycling container / recycling bin

Give it a try ! まとまった量の英文を書いてみよう。

「良い教師の条件は何か (What makes a good teacher?)」というテーマについて、100～150語の英語で論じなさい。〔愛媛大〕

Tips to Improve Your Writing ④ (if 節中の時制 / unless と if... not)

- a. 明日雨だったら、試合は来週まで延期されます。
× If it will rain tomorrow, the game will be postponed until next week.
○ If it rains tomorrow, the game will be postponed until next week.
- b. その席が気に入らなかったら、丁寧に別の席をお願いしてはどうですか。
× Unless you like the table, why not ask politely for another?
○ If you don't like the table, why not ask politely for another?

第1問A1 告知(メール)

目標
解答時間 3分

得点 / 4点

Navigator P.2

①
場面設定
をおこころ

You are a student at Park High School. Your teacher, Mr. Ruiz, sent an e-mail to **invite** you and your classmates **to** visit an elementary school. The school has many children who have just arrived from foreign countries.

③ 問1の答え
を探そう。

⑤ 問2の答え
を探そう。

Hello, Everyone!

I want to invite you to visit Douglas Elementary School with me next week. If you don't know, Douglas now has many new students who have just moved to the U.S. with their families from Central American countries **such as** Nicaragua and Panama. **Many are learning English, and they can learn a lot from older students like you.**

We'll meet the students and their teachers, and make plans for an after-school program in which Park High School students will help teach English. If you're interested, we'll meet Wednesday, September 30 at 3:30 p.m. in Room 101 and walk over to Douglas Elementary School together. Please bring any English children's books you may have. The Douglas students will greatly **appreciate** them.

Thanks very much,
Ruiz Brown

問1
答えの
根拠。

問2
答えの根拠

重要単語、表現などを覚えておこう

答えの根拠となる部分などをじっくり読んでおこう

※ ①～⑤は問題を解く手順です。(参考までに)

ダグラス (英) Man島の首都)

② 問1 The teacher wants you to help the Douglas students 1.

- (= U.S.)
- ① communicate in their new country
 - ② find new homes with their families
 - ③ prepare to attend Park High School
 - ④ teach new educational programs

「言い換えに注意しよう！」

④ 問2 The teacher requests books to help the students with 2.

- ① directions around the city
- ② making friends at Douglas
- ③ school programs for kids
- ④ understanding English

◎ 単語42+

「から」の単語は書き留めておこう!

Invite ~ to ~	～に～する様に 依頼する		
Such as			
appreciate			

① 場面
設定
おこえ

You and your classmates have received a **handout** from your English teacher with **instructions** for a homework **assignment**.

Summer Homework Assignment

ask a favor
「頼む(こと) (依頼する)」

Dear Students,

③ 問1の答えを
探す

I'm excited to be your teacher next fall. I want to **make sure** you're ready for our class in September, so I'm **asking an important favor**. I want you to practice your English often this summer. **To help you study, I have created a summer homework assignment with reading, listening, speaking, and writing tasks.**

問1
答えの
根拠

⑤ 問2の答えを
探す

Reading

答2 答えの根拠

I want you to read at least one English newspaper article every day. **It can be about any subject that interests you.** I also want you to read at least two English books this summer.

⑦ 問3の答えを
探す

Listening

「興味のあるもの(こと) (興味)」
→ ① の×に「する」

Watch at least one English movie every week. If the movie has **subtitles**, try closing your eyes sometimes and listening to the characters speak.

Speaking

Call or meet your classmates at least once a week. Try to speak English with them for at least 30 minutes.

Writing

Write a **journal** about your experiences in English this summer. **On the first day of class next fall, I'll ask to see your journals.**

問3 答えの根拠

Please e-mail me to tell me how you're doing. My e-mail address is amitsue@oakwood.edu.

I look forward to meeting you in September.

Anna Mitsue

重要単語、表現のび覚えましょう!

答えの根拠とひびる部分のびのびと読みましょう

翌秋月及と逆のこも述べている部分のびに注意しましょう

※ ① ~ ⑦ の問題を解く手帳をのこ (参考までに)

② 問1 The teacher is writing to the students to help them 3.

- ① decide what to study at school in September
- ② improve poor skills she had noticed last year
- ③ meet other students interested in English
- ④ prepare for her class in the coming year

④ 問2 The teacher asks the students to read 4.

- ① ^{「特定の」} articles on a particular subject
- ② books from a list she made
- ③ journals by other students
- ④ some published material every day

出版物
(= articles)

言い換えに注意しよう!!

⑥ 問3 The teacher will check the students' work by 5.

- ① asking which movies they watched
- ② e-mailing them once a week
- ③ reading their personal writings in the fall
- ④ speaking with them in the summer

◎ 単語リスト

分らなから、単語は書き留めておこう!

	④	⑤	⑥
handout			
instruction			
assignment			
make sure			
subtitles			
journal			